

SKIES

CATALOG

May-August 2021

SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

THE Sky is
The Limit



Updated 04222021



General Information



SKIESUnlimited is a part of the Army's Division of Child and Youth Services under the Directorate of Family and Morale, Welfare and Recreation (Family and MWR). Our mission is to provide the children and youth of Fort Leavenworth with a variety of classes taught by qualified, imaginative, and dedicated instructors, creating experiences of value, excellence, and enjoyment. In addition, all Fort Leavenworth CYS SKIESUnlimited instructors have had local and national background checks, training in CPR, First Aid, Child Abuse Awareness, Reporting and Prevention, Guidance, Child Developmental Guidelines, and Safety.

Eligible Patrons: Eligible patrons for the SKIES program include children and youth whose sponsors are one of the following: active duty military, Fort Leavenworth DoD civilian employee (GS, NSPS, NAF, and DOD Contractor), Activated National Guard or Reservist, and retired military.

Registration Information: Registration for Child & Youth Services takes place at Parent Central, which is located in the Resiliency Center, 600 Thomas Avenue (Building 198). All students **MUST** be registered at Parent Central before enrolling in any SKIES programs. Registration is valid for 12 months and may be used for all Fort Leavenworth Child & Youth Service programming. The following information is required for registration: names and phone numbers of sponsor and spouse, two local emergency contacts, immunization records, current military email address, and a physical/health assessment. Patrons are given up to 30 days to submit local emergency points of contact and physicals.

Enrolling for SKIES Classes: Once you have completed the registration process, you may enroll/sign up for classes or programs at any Child & Youth Services location. You may also enroll by phone (684-3207) or by using the WebTrac online system <https://webtrac.mwr.army.mil/webtrac/leavenworthcys.html> (user ID and password are available from Parent Central). Please be aware that enrollment is on a first-come, first-served basis. To ensure that your child retains his/her slot in a class, it is highly recommended that you enroll early in continuing sessions.

Payment Policy: Payment for SKIES classes is due at enrollment. Your child's name will be placed on the roster only when payment has been made. We accept payment by cash, check, or credit/debit card. Second child discounts do not apply to any SKIES programs per Department of Army CYS Fee Policy.

Makeup Classes, Cancellation and Refund Policy: Refunds are NOT authorized for child illnesses, cancellations due to weather, family trips, or withdrawal after the class has started. Make up classes will be offered if at all possible, depending on the instructor's schedule. Refunds may be granted for extenuating circumstances such as prolonged absence due to illness or PCS orders. If you feel this is the case, a refund may be requested in writing to the SKIES Program Director. In the event a class is cancelled due to instructor unavailability, a makeup class will be offered, but no refund will be given.

IMPORTANT NOTICE: RESCUE MEDS (e.g. inhalers, Epi-Pens) will NOT be administered by SKIES instructors. If a child requires an inhaler or Epi-Pen and is not authorized by a physician to self-administer, the parent is required to remain on site during the SKIES class.

Visit the following for up-to-date information on new SKIES classes:

- ★ WebTrac <https://webtrac.mwr.army.mil/webtrac/leavenworthcys.html>
- ★ Family and MWR website <https://leavenworth.armymwr.com>
- ★ CYS Facebook Page: www.facebook.com/cys.ftleavenworth
- ★ Call the SKIES office at 684-3207

Parent & Student Safety



Instructors will be using the intermission times between class sessions to disinfect the equipment and areas used by the students. We will need your assistance in keeping classes and waiting areas safe.

- **The Senior Mission Commander requires everyone entering the facility to wear a mask, except children under the age of five.**
- If you or your student is not feeling well, please stay home for everyone's safety. All efforts will be made to get the class made up.
- Please assist your child in washing their and your hands upon entering the facility and prior to leaving. Please wash your hands also.
- A parent is required to wait in designated seating inside or outside and maintain social distancing from the other parents. Students will be highly encouraged to maintain social distance during class.
- Please bring only the student enrolled in the class, arriving no more than ten minutes before class begins. Walking around the facility or playing in the grass areas is also acceptable.
- Participants must come dressed for class, so that bathrooms are used for that sole purpose and to limit clusters of people in the small enclosed space.
- Classes will have limited enrollment, so that only ten people are in a classroom or gym, this number also includes the instructor.
- All instructors will sign students in and out.

Let's work together.



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All schedules are subject to change due to instructor scheduling and availability. Updates are posted on the CYS Facebook Page; *like/follow* to get notifications.

Some classes have a minimum enrollment required to begin. If a class is cancelled due to not meeting minimum enrollment, your fees will be refunded.

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Classes are open for enrollment April 27th at noon.

Arts, Recreation, & Leisure Classes



Dance Classes

Ages: 3+

Cost: \$12 per lesson



Total fee based on number of classes offered per session. Classes will not meet during Federal Holidays, Winter or Spring Break. Fees are not charged for the breaks or holidays.

Classes will pro-rated based at enrollment when your child is enrolled after a session's start date.

Instructor: Holly Harmison

Location: SKIES Building (Patch Community Center), 320 Pope Avenue (Bldg. 345)

Parents: please wait in designated waiting areas & follow all health and safety requirements.

Important notes for dancers:

- Dress code is black leotard, pink tights and ballet, jazz or tap shoes
- Hair must be in a ponytail, pinned, bun, or pinned back for every class by student or parent.
- Street shoes and bare feet are not allowed in the Dance Studio.
- Please bring your students dressed for class; they can put their dance shoes on once inside the SKIES building.

CLASS DESCRIPTIONS FOR DANCE

Creative Movement/Pre-Ballet for 3-5 years

Dancers will explore movement and rhythm as it relates to their bodies and space. Basic coordination and locomotor skills will be developed with the aid of imagery, props, and music. Ballet skills will be introduced and the development of posture, flexibility, rhythm, and poise are the goals of the class.

Ballet for 6-9 year olds

Basic ballet skills will be learned in a relaxed but structured environment. Dancers will learn proper ballet terminology and pair it with the correct movements. Barre exercises will be introduced as well as work in the center.



May

Class Schedule	Ages	Day	Times	Dates	Fee	# of classes
Creative Movement/Pre-Ballet	3-5 yrs.	Thursdays	1400-1445	May 6- May 27	\$48	4
Home School Ballet	4yrs +	Thursdays	1500-1545	May 6- May 27	\$48	4
Ballet	6-9 yrs.	Thursdays	1600-1645	May 6- May 27	\$48	4
Creative Movement/Pre-Ballet	3-5 yrs.	Thursdays	1700-1745	May 6- May 27	\$48	4



June

Class Schedule	Ages	Day	Times	Dates	Fee	# of classes
Ballet	6-9 yrs.	Thursdays	1600-1645	Jun 3-24	\$48	4
Creative Movement/Pre-Ballet	3-5 yrs.	Thursdays	1700-1745	Jun 3-24	\$48	4
Creative Movement/Pre-Ballet	3-5 yrs.	Thursdays	1800-1845	Jun 3-24	\$48	4



July

Class Schedule	Ages	Day	Times	Dates	Fee	# of classes
Ballet	6-9 yrs.	Thursdays	1600-1645	Jul 1-29	\$60	5
Creative Movement/Pre-Ballet	3-5 yrs.	Thursdays	1700-1745	Jul 1-29	\$60	5
Creative Movement/Pre-Ballet	3-5 yrs.	Thursdays	1800-1845	Jul 1-29	\$60	5



Full dance class schedule begins August 17th 2021



Sports, Fitness and Health Classes

Jr Golf

Ages: 7+

Location: Trails West Golf Course

Costs: \$75

Sessions:

Session 1 June 1, 2, and 3rd 0900-1030

Session 2 June 14, 15 and 16th 0900-1030

Session 3 July 20, 21 and 22nd 0900-1030

Session 4 August 24, 25 and 26th 1615-1745

Session 5 September 21, 22 and 23rd 1615-1745

Session 6 October 26, 27 and 28th 1615-1745

Clinics encompass a fundamental introduction to all elements of the game of golf including etiquette, grip, stance and posture. Clinics will cover the short and long game: chipping, iron play, putting, driving, sand play and how to play in a scramble.

Golf clubs and golf balls are provided. Please wear closed shoes such as sneakers. Sign up through WEBTRAC or at the Trails West Golf Course.

Sessions four through six will open later in the summer to give incoming families opportunities to participate.

Jujutsu

Ages: 5+

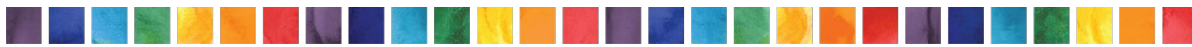
Location: SKIES Building (*Patch Community Center*), 320 Pope Avenue (Bldg. 345)

Costs: \$60 monthly

Classes meet on Wednesdays and Thursdays 1730-1815

Classes will be no physical contact.

The class will consists of forms and other exercises. Enrollment maximum is 9 students to maintain social distancing requirements.



Swimming Lessons

Class Descriptions with Prerequisites

LEVEL 1: (* 5 year old and up) – Includes instruction on: Pool Safety, Recognizing an emergency, Floating, Front Crawl, Elementary backstroke. Instructor will provide support and assistance with skills if needed.
No prerequisites are required.

LEVEL 2: (* 5 years old and up) – Includes instruction on: Pool Safety, Floating, Front Crawl, Elementary backstroke, Treading, Submerging and Object retrieval. Instructor will assist with body corrections for participant if needed. **Prerequisites for this level are the ability to submerge fully and resurface, float independently, and to be able to move independently for 5 – 10 feet in the water independently.**

LEVEL 3: (* 5 years old and up) – Includes instruction on: Pool Safety, Stroke Fundamentals, Floating/Treading, Front Crawl, Elementary backstroke, Breaststroke, Backstroke, Object retrieval. Instructor will assist with body corrections for participant if needed. **Prerequisite for this level are the ability tread to change direction while swimming to locate an exit, must be able to perform Front Crawl and Elementary backstroke for a minimum of 20 feet independently.**

LEVEL 4: (* 5 years old and up) – Includes instruction on: Pool Safety, Treading, Front Crawl, Breaststroke, Backstroke, Butterfly, Diving entries. Stroke Correction. Participant should be able to take verbal corrections, but minor body corrections may be made by the instructor. **Prerequisites for this level are the ability to tread and change direction while swimming to locate an exit, must be able to perform Front Crawl, Backstroke, and Breaststroke, for a minimum of 25 yards independently.**



May Swim Lessons

Lessons will meet May 4,6,11,13,18,20,25, and 27

Costs: Small Group \$64 for 8 lessons, maximum enrollment is 3 students

Semi Private \$48 per student for 4 lessons, same household only

Private \$60 per student for 4 lessons

Location: Harney Indoor Pool

Level 1 Learn to Swim 1500-1530

Private/ Semi Private Swim same household only 1545-1615

Private/ Semi Private Swim same household only 1630-1700

Level 2 Learn to Swim 1715-1745

June/July Swim Lessons

Lessons will meet June 22, 23, 24, 29, 30 July 1, 6, and 7

Costs: Small Group \$64 for 8 lessons, maximum enrollment is 3 students

Semi Private \$48 per student for 4 lessons, same household only

Private \$60 per student for 4 lessons

Location: Harney Indoor Pool

Level 2 Learn to Swim 1600-1630

Level 3 Learn to Swim 1640-1710

Level 4 Learn to Swim 1720-1750

Message from Aquatics:

June/July classes are for the more advanced swimmer.

Please ensure your student meets the pre-requisitions.

Students that do not meet them will be dropped from the class for safety reasons.





Private Music Lessons

Ages: 7 to 18 years

Time: Varies. Coordinate with instructor for schedule.

Cost: \$19 per lesson weekly, enrolling now 30 minutes per lesson

Location: Patch Community Center/SKIES, 320 Pope Avenue Bldg. 345

Read about our instructors and call them for openings and to schedule lessons.

Please contact the SKIES office at 684-3207 for more information.

Piano

Instructor: John Leon

Call Mr. Leon directly to set up lesson schedule. **913-702-2484**

The instructor will contact the SKIES Director to process enrollment when a schedule has been set. You will be contacted by the SKIES program to make payment at this time.



Guitar or Ukulele

Instructor: Ronald Meier

Sessions: Offered on Tuesdays, limited is space available.

Call Mr. Meier directly to set up lesson schedule. **785-633-0984**

The instructor will contact the SKIES Director to process enrollment when a schedule has been set. You will be contacted by the SKIES program to make payment at this time.





Currently, SKIES is looking for the following CYS Employee Position.

CYS Program Associate Instructor NF-03

Announcement Number: O3NAFEX2010910499SR

Announcement Open: 9-9-2020 – 12/14/2020 *(or until filled)*

Salary: \$35,271 to \$45,885 per year *(working 40 hours per week)*

Appointment Type: Permanent

Work Schedule: Intermittent-Flexible *(scheduled based on class schedules, no guarantee of any hours, but may be scheduled as many as 40 hours per week.)*

Responsibilities

- Serves as an Instructor the Fort Leavenworth CYS SKIES Unlimited Gymnastics Program
- Teach Gymnastics lessons in accordance with USA Gymnastics rules and safety guidelines, for parent and Me, preschool and Level 1 through 2 gymnastics levels
- Provide instruction in Gymnastics using a variety of techniques and skills based on the age, skill level, and learning style of each child
- Develops individual and group lesson plans and tracks participant's accomplishments.
- Have professionally recognized and accepted curriculum, including scope and sequence of skills and indicating learning objectives for students.
- Implements changes and adjustments to instructional program as needed.
- Required to follow all approved child guidance and youth development techniques.
- Must stimulate and encourage participant interest and establish an environment that promotes positive child and youth interactions.
- Prepares and implements program options for children and youth with special requirements
- Maintains control of and accounts for whereabouts and safety of program participants.
- Observes program participants for signs that may indicate illness, abuse or neglect and reports as directed.
- Notifies supervisor on health, fire, and safety compliance concerns.
- Participates in conferences with parents, program staff, and school representatives.
- Plans and conducts special events for parents designed to promote the instructional program while encouraging parents to become involved.
- Demonstrate MWR Customer Service elements when working with parents, students, coworkers and supervisors

Read Full Announcement and “how to apply” at www.USAJOB

